

PERFORMANCE

Processor
AMD Ryzen™ 7 PRO 250 (8C / 16T, 3.3 / 5.1GHz, 8MB L2 / 16MB L3)

AI PC Category^[1]
AI PC

NPU
Integrated AMD Ryzen™ AI, up to 16 TOPS

Graphics
Integrated AMD Radeon™ 780M Graphics

Chipset
AMD SoC Platform

Memory
1x 32GB SO-DIMM DDR5-5600

Memory Slots
Two DDR5 SO-DIMM slots, dual-channel capable

Max Memory^[2]
Up to 64GB DDR5-5600

Storage
1TB SSD M.2 2280 PCIe® 4.0x4 NVMe® Opal 2.0

Max Storage Support^[3]
One drive, up to 2TB M.2 2280 SSD

Storage Slot
One M.2 2280 PCIe® 4.0 x4 slot

Card Reader
None

Audio Chip
High Definition (HD) Audio, Realtek® ALC3287 codec

Speakers
Stereo speakers, 2W x2, optimized with Dolby Atmos®

Camera
5.0MP + IR Discrete with Privacy Shutter

Microphone
2x, Array

Battery
57Wh

Power Adapter
65W USB-C® (3-pin)

DESIGN

Display^[4]
14" WUXGA (1920x1200) IPS 400nits Anti-glare, 45% NTSC, 60Hz, DBEF5

Touchscreen
None

Keyboard
Backlit, Czech / Slovak

Case Color
Black

Case Material
PC-ABS (Top), PC-ABS (Bottom)

Pen
Pen Not Supported

Dimensions (WxDxH)^[5]
313.7 x 226 x 11.39/17.31 (front/rear), 22.9 (maximum) mm;
12.35 x 8.90 x 0.45/0.68 (front/rear), 0.90 (maximum) inches

Weight^[6]
Starting at 1.38 kg (3.05 lbs)

SOFTWARE

Operating System
Windows® 11 Pro, Czech / Slovak / English

Bundled Software
Lenovo® AI Now

CONNECTIVITY

WLAN + Bluetooth^[7]
MediaTek Wi-Fi® 7 MT7925, 802.11be 2x2 + BT5.4

WWAN
WWAN Upgradable to 4G

SIM Card
None

Ethernet
100/1000M (RJ-45)

NFC
None

Standard Ports

- 1x USB-A (Hi-Speed USB / USB 2.0)
- 2x USB-A (USB 5Gbps / USB 3.2 Gen 1), one Always On
- 2x USB-C® (Thunderbolt™ 4 / USB4® 40Gbps), with USB PD 3.1 and DisplayPort™ 1.4a
- 1x HDMI® 2.1, up to 4K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)
- 1x Ethernet (RJ-45)

Optional Ports (configured)

- 1x Smart Card Reader
- 1x Nano-SIM Card Slot

Docking
Various docking solutions supported via Thunderbolt™.
For more compatible docking solutions, please visit [Docking for ThinkPad® L14 Gen 6 \(AMD\)](#)

SECURITY & PRIVACY

Smart Card Reader
Smart Card Reader

Security Chip
Discrete TPM 2.0 Enabled

Fingerprint Reader
Touch Style, Match-on-Chip, Integrated in Power Button

Physical Locks
Kensington® Nano Security Slot™, 2.5 x 6 mm

Other Security

- Camera privacy shutter
- IR camera for Windows® Hello (facial recognition)

MANAGEABILITY

System Management
DASH

SERVICE

Base Warranty
1-year, Courier or Carry-in

Included Upgrade
3Y Onsite from 1Y Depot WHB (CPN)

ACCESSORIES

Bundled Accessories
None

CERTIFICATIONS

Green Certifications^[8]

- ENERGY STAR® 9.0
- EPEAT™ Gold Registered
- ErP Lot 6/26
- RoHS compliant
- TCO Certified 10.0

Mil-Spec Test
MIL-STD-810H military test passed

MODEL

TopSeller	: Yes	Announce Date	: 2025-06-23
EAN / UPC / JAN	: 0198158470964	End of Support	: 2032-01-23

Note:

^[1] AI PCs have a NPU capable of 10+ TOPs to run the Copilot assistant by pressing the optional Microsoft Copilot key or using Win + C.

^[2] The max memory is based on the test results with current Lenovo memory offerings.

^[3] The storage capacity supported is based on the test.....

• Lenovo reserves the right to change specifications without notice.

To see more note information, please access the [web page](#).

Premier Support - A direct 24x7x365 line to our most elite technicians.



Advanced technical support, 24x7x365, in more than 100 markets



Technical Account Managers for proactive relationship and escalation management



Comprehensive hardware & OEM software support



Priority on service delivery and repair parts



Single point of contact for simplified end-to-end case management



Lenovo Service Connect Portal for customized reporting and product support

Accidental Damage Protection - Protection of your PC from the unexpected.

Experience shows that a significant portion of devices may be damaged (and not covered under warranty) in the first three years. Lenovo's Accidental Damage Protection service covers accidents beyond the system warranty such as drops, spills, bumps and even electrical surges. Make sure your new device has maximum protection, avoid unplanned costs and get peace of mind.

Base Warranty - Included with the systems you purchase, default 1- or 3-year coverage window.

Warranty Extensions & Upgrades - Service and protection that's right for your circumstances.

- Pick Up & Return Courier
- Onsite Support
- Technician Installed Customer
- Replaceable Unit Service
- International Warranty Upgrade

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Recommended Accessories



ThinkPad Universal USB-C Dock

40AY0090US

THE SMARTER WAY TO WORK Introducing the ThinkPad Universal USB-C Dock. This advanced, universally compatible one-cable docking solution lets you work smarter, not harder. It comes with a vast array of ports, next-gen ...



ThinkPad Hybrid USB-C with USB-A Dock (American Standard Plug Type B)

40AF0135US

- The ThinkPad Hybrid USB-C with USB-A dock is a productivity solution for any USB-C or USB-A laptop, including non-Lenovo laptops from Dell, HP, and Apple, providing power, display, and port expansion in any m...

Please click [here](#) to view the full list of accessories.

Lenovo

PSREF
Product Specifications
Reference